

## Volunteer Packing List

- Bible
- Journal or small note pad
- Pens, pencils, highlighter
- Water bottle – one with a good closing top
- Sleeping bag – 20-30 degree bag should work well.
- Pillow – there are inflatable pillows that travel well, but you can bring whatever suits you.
- Hiking Boots and/or Tennis Shoes - Personal preference but appropriate for activities such as running games, walking on bulky gravel at camp and a hike to the falls (doable in tennis shoes), but you will be on your feet a lot, so choose something with good support. A chaco or teva type sandal is also a good option *in addition* to close toed shoes.
- Rain jacket
- Coat – depending on the summer it can be in the low 40s to upper 30s at night.
- Clothes - Layers are key in Alaska, no matter the season. Short sleeve shirts layered with a long sleeve, zip-up, sweatshirt type combo is usually a win. Successful pants can range from jeans to shorts, capris, hiking zip-off pants. You will be participating in running and outdoor activities, so bring appropriate apparel. Please consider that you are a role model to the youth, regardless of fashion trends.
- Hat and gloves - Depending on the time of year you come, a light set may help, depending on how cold you typically are
- Towel and washcloth
- Toiletries (Soap, Shampoo, Conditioner, Toothpaste, Toothbrush, Deodorant, Feminine products, Etc.)
- Shower shoes or flip flops
- Hair dryer
- Swimsuit – Ladies, please keep it tankini or one piece and conservative. Boys, please think conservative.
- Money for camp snack shop – Open every day except Monday. Snack and drink items are between \$1-\$2. Camp T-shirts, sweatshirts, water bottles, coffee mugs and hats are also available and range from \$15-35. There is no ATM in Port Alsworth, so come prepared with cash, or we will keep a tab and you can pay by check or card at the end of the week.
- Laundry detergent – detergent pods travel well
- Quarters for laundry – \$2 per load / \$1 to wash & \$1 to dry (or dollars, we can change quarters in the office)
- Mosquito repellent– There are many options...choose your favorite, but please bring something. Alaskan mosquitoes are so big they require pilot's licenses.

- Prescription medication – think through what you normally use at home. We have basic over-the-counter medications (pain relievers, etc.) available through our infirmary.
- Sunscreen
- Camera - as you prefer
- Backpack – school backpack or day-pack (convenient to carry Bible and supplies)
- Money for expenses while traveling to camp - meals, souvenirs, spending, etc...

## **Teen Pursuit Week Counselors**

Teen Pursuit counselors will hike to the campsite is 2.5 miles each way, with moderate elevation gain. The camping location is on a point jutting into a lake, and is typically quite windy and cooler than Port Alsworth. Light rain can be common as well. Six man tents will be provided and hauled up to camp by airplane. An Alaskan motto is "cotton kills" as it does not dry quickly if it gets wet, and getting dry and warm quickly is important. So think wool, down or other synthetic blends in terms of layers.

- Hiking backpack – Large enough to carry your personal supplies for a two-night camping trip, with the exception of food and eating utensils, which will be flown up to the campsite. Carabineers and straps can be helpful to attach your sleeping bag or pad to your pack if they do not fit inside.
- Sleeping bag - recommended 0 degree to 30 degree bag
- Sleeping pad
- Warmer coat and warmer layers
- Long johns or a warm base layer under pants
- Rain pants are not necessary, but if you already own them, bring them
- Wool socks
- Hat and gloves